



NETBALL DEVELOPMENT CAMP 2012

Netball Otago is happy to offer another Netball Development Camp in 2012. The camps have been a very successful part of our Game Development in the region.

The camp is open to Y9—Y11 players, coaches and umpires.

The camp programme includes:

- Netball Skills
- Game plans / Tactics
- Sport Massage
- Nutrition
- Fitness
- Sport Psychology
- Lots of fun team building activities too

When is it?

The camp commences Sunday 15 April 2012 at 1pm and concludes at 1pm on Wednesday 18 April 2012. Write it in your 2012 diary now.

Where is it?

How does a netball holiday in Central Otago sound?

The live in camp will be held in Alexandra with accommodation and meals at the Dunstan High School Hostel and lodge and we will utilise the netball courts and the gym at Dunstan High School. Also to ensure that your body does survive the camp the Aquatic Centre is used to aid recovery.

What does it cost?

The \$285 registration fee covers your accommodation and meals, camp T-shirt, a drink bottle, a netball, all organised activities and expert netball coaching.

Who should attend?

Any player, coach or umpire Y9—Y11 who loves netball and wants to improve their knowledge and skills of the game.

It is a great for teams to get the edge on their opposition – start the season in style and have fun along the way.

Or for those players who feel a bit rusty after the summer break and want to hit the courts running, rolling, propping, dodging, passing, defending....

How do you apply?

Complete the registration form attached; and return it to Netball Otago by Monday 2 April 2012. REGISTRATION WILL NOT BE ACCEPTED WITHOUT PAYMENT

If you require any further information please contact Trish Purdie-Smith at the Netball Otago office on (03) 455 1702 or trishps@netballotago.co.nz

**Netball Development Camp 2012
Registration Form**

Name _____

Address _____

Phone No _____ Date of Birth _____

Mobile No _____

Email Address _____

YES / NO (DELETE One) I attended the 2011 Development Camp

School/ Centre Playing, Coaching or Umpiring for: _____

Preferred Playing Positions 1st choice _____ 2nd choice _____ 3rd choice _____

Brief Netball History _____

Relevant Medical /Injury History _____

T-shirt size (circle one) 10 12 14 16 18

Signed by Player _____ Date _____

By signing this form I give Netball Otago consent to collect and retain the information on this form and to use and disclose it for the purpose of the administration of the camp. This consent is given under the Privacy Act 1993.

Parent or Guardian (state Name) _____

Emergency Contact Phone Number _____

I give my consent for To attend the Netball Development Camp and will not hold Netball Otago responsible for any illness or injury providing all due care has been taken.

Signed by Parent or Guardian _____ Date _____

PAYMENT OPTIONS: **By Cheque:** please make payable to Netball Otago
OR

Online Banking: Account No. 06 0901 0309646 00
Particulars – Your Name; Reference – Dev. Camp

Please send this registration form and fee to Netball Otago, PO Box 629, Dunedin

CLOSING DATE 2 April 2012